THE INN AT SPANISH HEAD · LINCOLN CITY, OREGON

find what the forest and the tide left behind.

Lincoln City Foraging Field Challenge

Fifteen things to find, compare and ask on one trip to the woods and the shore. Check each one off, note where you found it, and bring this card back next season to see what has changed.

NAME _____ DATE _____ LOW TIDE _____

01 Forest Photo Hunt

photograph, never pick.

- ☐ **A mushroom with ridges**
  where .....
- ☐ **One with true gills**
  where .....
- ☐ **A pore-bearing mushroom**
  where .....
- ☐ **A fungus growing from wood**
  where .....
- ☐ **Natural bruising or color change**
  where .....

02 Compare Your Tools

one mushroom, three opinions.

- ☐ **Study one mushroom in MycoMatch**
  its guess .....
- ☐ **Compare it in iNaturalist**
  its guess .....
- ☐ **Add a field guide or society resource**
  which one .....

Did all three agree?

☐ yes ☐ two of three ☐ none

03 Low-Tide Challenge

step on bare rock, not on life.

- ☐ **Mussels attached to rock**
  where .....
- ☐ **Seaweed anchored by a holdfast**
  where .....
- ☐ **An animal in a pool that stays submerged longer**
  what was it .....
- ☐ **Record the tide level and time**
  ft ..... time .....

04 Three Questions

answer before you leave the beach.

- ☐ **What would I have walked past before?**
  .....
  .....
- ☐ **Which organism do I want an expert to explain?**
  .....
  .....
- ☐ **What will I look for next season?**
  .....
  .....

BONUS FINDS Not on the list, but worth a photo. Each one counts as a point.

- ☐ **A lichen growing on bark**
- ☐ **A banana slug on the trail**
- ☐ **A sea star holding on at low tide**
- ☐ **A hermit crab in a borrowed shell**
- ☐ **An anemone closed up out of water**
- ☐ **A bird feeding in the pools**

YOUR FIELD RANK **1 to 5** Beachcomber · **6 to 10** Forager · **11 to 15** Naturalist · **16 or more** Tide Pool Keeper

Look, photograph, and leave it in place. Never eat anything that has not been identified by an expert. Check the tide table before you go, keep an eye on the surf, and turn over the card for your field notes.

LINCOLN CITY FORAGING FIELD CHALLENGE

what you found, and where.

Field Notes

Tide Log

Negative tides open the most rock. Note the height so you know when to come back.

DATE	BEACH OR ACCESS POINT	LOW TIDE AT	HEIGHT (FT)	WEATHER AND SURF

Finds Log

One line per find. Write the photo number so you can match it later.

NO.	WHAT I FOUND	WHERE (FOREST OR SHORE)	PHOTO NO.	IDENTIFIED WITH
1				
2				
3				
4				
5				
6				
7				
8				

Sketch One Thing You Could Not Name

drawing makes you look twice.

Size, compared to my hand .....

Color and texture .....

Smell .....

What it was growing on or near .....

My best guess .....

make it your home base.

Stay at The Inn at Spanish Head

Oregon's Only Beachfront Inn For Over 50 Years. Ask the front desk for this week's tide table.

SPANISHHEAD.COM